

Theory of Change and Outcome Measures

Our mission

“Providing a temporary home for young people facing homelessness and unemployment; offering the support, training, and opportunity they need to transform their lives.”

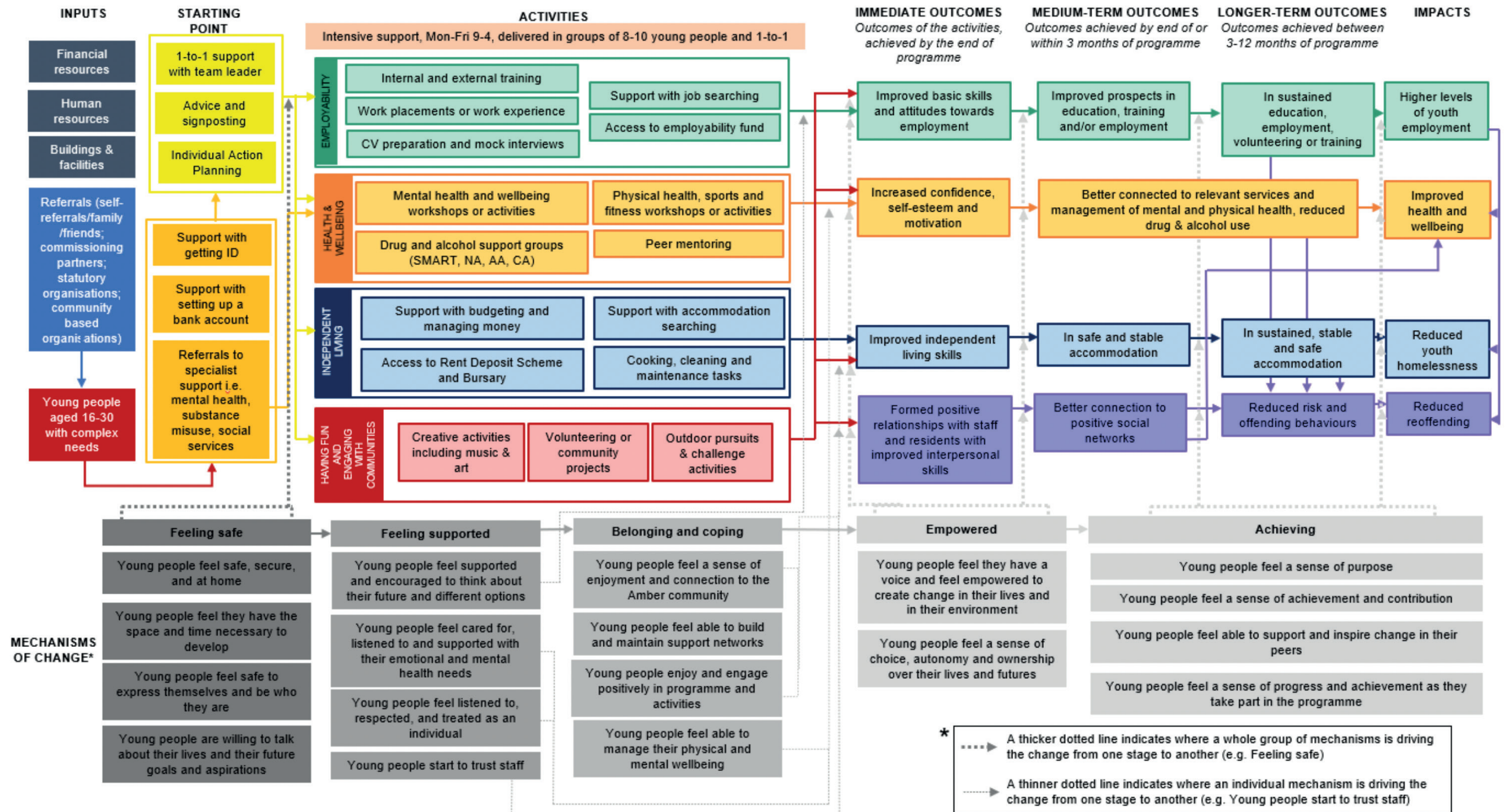
About Amber

Amber provides a temporary, safe place to live with over 100 other young homeless and unemployed people (17-30) at one of our 4 residential centres in Kent, Surrey, Wiltshire and Devon.

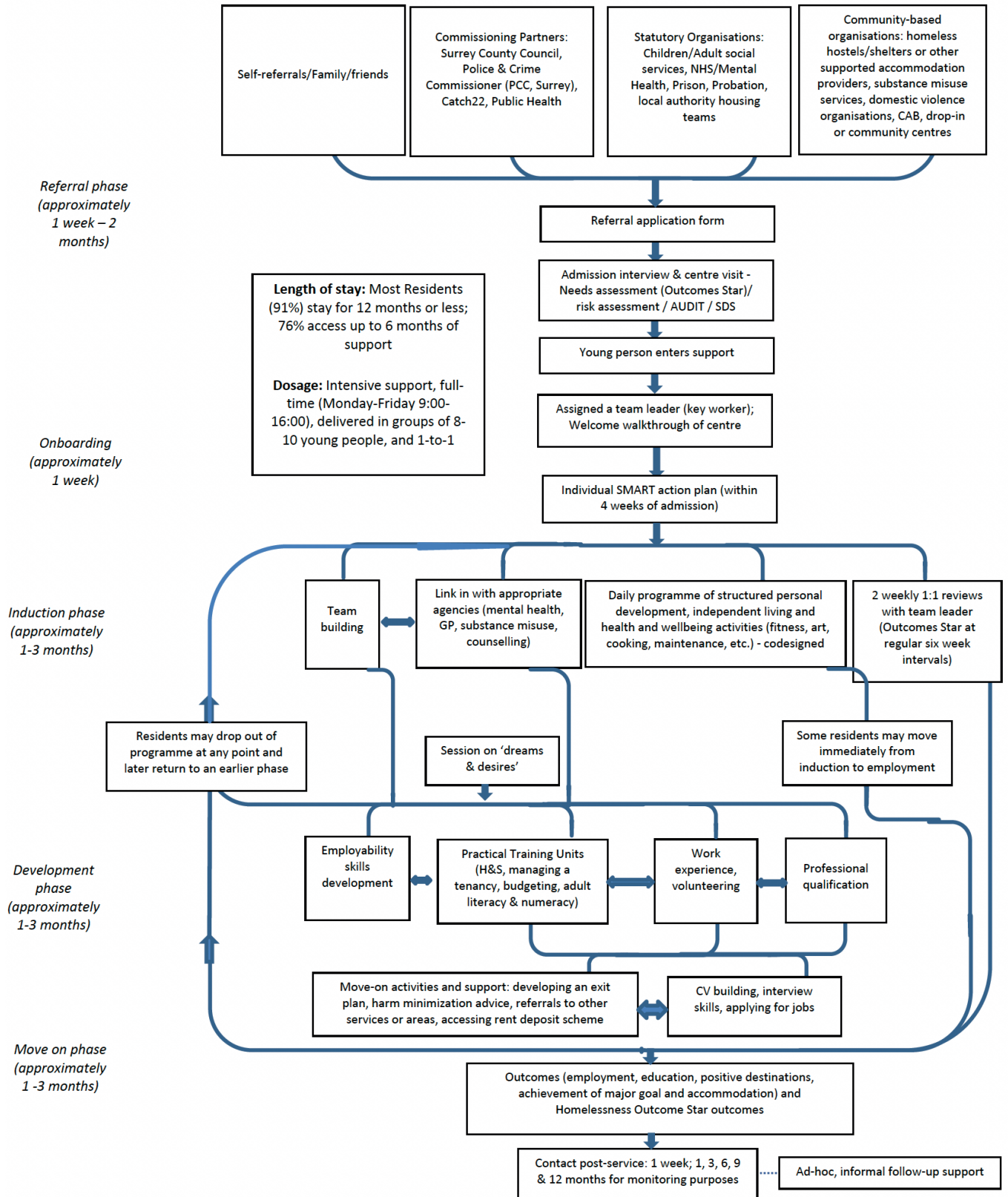
We work hard to maintain safe, calm environments, where young people can access specialist support to process their pasts and identify what is holding them back. What makes Amber special is our tailored approach that is asset-based (focussing on young people's strengths) and hands on. Based around the principles of restorative practice, our approach seeks to create positive behaviour change through a mix of active participation in our programme, wider community engagement and a focus on residents taking active responsibility for their own decisions.

Although there is a clear routine at Amber, the programme is designed to be flexible and tailored to individual needs. There are 4 key themes that are central to our approach and form the basis of our theory of change: *employability, independent living, health & wellbeing and engaging with communities.*

Theory of Change



Amber young person's journey map



Outcomes measurement tools

We have selected a suite of outcomes measurement tools that capture outcomes relating to the key areas identified in the Theory of Change. These tools are intended to capture residents' progress in relation to wellbeing, self-esteem, and employability.

- The [Warwick Edinburgh Mental Wellbeing Scale](#).
- The [Rosenberg Self Esteem Scale](#).
- The Attitudes to work survey (included in [JET Framework](#), sub-scale sourced from [Attitudes to Work module, LSYPE Wave 7](#)).
- The Aspirations for Work survey (included in [JET Framework](#), questions sourced from [Young adults module, Understanding Society Wave 2: Main questionnaire](#)).
- The Aspirations for the Future survey (included in [JET Framework](#), scale sourced from NPC-designed survey).
- The Confidence in Finding Employment Survey (included in [JET Framework](#), scale sourced from National Career Service/ICM Job Confidence Index).